

Safeguarding and Welfare Requirement: Health

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

6.4 Nappy changing

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

We enable a two-way exchange between parents and key persons so that information is shared about nappy changing and toilet training in a way that suits the parents and meets the child's needs.

Particularly with toilet training, we work closely with parents/carers to sensitively support toilet training to ensure consistency between home and nursery.

Procedures

- Our Practitioner has a list of personalised changing times for the children in their care who are in nappies or 'pull-ups'; and change nappies according to this schedule, or more frequently where necessary.
- We encourage young children from two years old to normally wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents agree.
- Our practitioner undertakes changing children;
- **Babies and young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.**
- Our changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes. There are mobiles or other objects of interest to take the child's attention, if necessary.
- Each child has their own bag to hand with their nappies or pull ups, wipes and cream (if required).
- Our staff put on gloves and aprons before changing starts and the areas are prepared. Paper towel is put down on the changing mat freshly for each child.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.

- Our staff never turns their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; we avoid pulling faces and making negative comments about ‘nappy contents’.
- We do not make inappropriate comments about children’s genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- **We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and antibacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.**
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. Any used nappies or pull ups are bagged and put in the appropriate bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged appropriately for parents to take home.
- We have a ‘duty of care’ towards children’s personal needs. If children are left in wet or soiled nappies/pull ups in the setting for long periods of time in a detrimental way for the child, that may constitute neglect **and will be a disciplinary matter.**

This policy was adopted by	Fountain Early Years Pre-school	<i>(name of provider)</i>
On	30/09/2021	<i>(date)</i>
Date to be reviewed	30/09/2022	<i>(date)</i>
Signed on behalf of the provider	Paula Waters	
Name of signatory	Arike Aiyetigbo	
Role of signatory (e.g. chair, director or owner)	Owner	